

Time	Monday	Tuesday	Wednesday	Thursday	Friday
Trainer:		Calum Sinclair	Niall Conwell		Adam Lowdon
6:00 - 7:00		U8B Barcelona	U9B Gunners		GK U8-U9
7:00 - 8:00		U10B Strikers	U12G Fire		U10B Chihuahuas
8:00 - 9:15		U12B Trailblazers 8pm-9pm	U14B United		U11B Eagles
Trainer:	Donal Bryne	Elliott McPhelim	Dean Learmonth	Elliott McPhelim	Tara Lamb
6:00 - 7:00	U8B Hammers	U9B Hurricanes	Footworks	U9B Hurricanes	GK U8-U9
7:00 - 8:00	U11G Tornadoes	U11B Santos	U9G Storm	U11B Hawks	GK U10-U11
8:00 - 9:15	U15B Vipers	U12B Cosmos	U13B Rockets	U12B Cosmos	GK U12-U14
Trainer:			Sam Bray		
6:00 - 7:00			Footworks		
7:00 - 8:00			U10B Thunder		
8:00 - 9:15			U13B Cyclones		
Trainer:	Yessika Vivar	Yessika Vivar	Yessika Vivar	Yessika Vivar	
7:45 - 9:00	U13G Stars	U11G Lightning	U13G Stars	U11G Lightning	
Trainer:	Jen Vromen		Jen Vromen		
6:45 - 8:00	U10G Mayhem		U10G Mayhem		

Week Of:	Training Location
8/31/2015	Conackamack
9/7/2015	Conackamack
9/14/2015	Green Acres
9/21/2015	Green Acres
9/28/2015	Green Acres
10/5/2015	Green Acres
10/12/2015	Green Acres
10/19/2015	Green Acres
10/26/2015	Green Acres
11/2/2015	Green Acres
11/9/2015	Green Acres